

# ALEXANDER'S HIGHLAND MARKET

225-615-7800

Build Pick up dinners off the hot lines

*\$7.49 per lb except for Seafood.*

*\$9.99 per lb for seafood plates*

## Meat or Meatless Monday (Smoke House or Red Beans)

1. Fried Chicken & Tenders.
2. Fried Fish.
3. Grilled Vegetables
4. Potato Wedges
5. Red Beans and Rice
6. BBQ chicken, pork, and ribs.
8. Pulled Pork
9. Mac and Cheese.
10. Roasted Sweet Potato.
11. Baked beans.
12. **2 Soups of the Day**

## Asian Tuesday

1. Fried Chicken & Tenders
2. Fried Fish
3. Grilled Vegetables
4. Potato Wedges
5. Fried Rice
6. Sweet & Sour Pork
7. Sweet TSO Chicken
8. Kon Pow Chicken
9. Mongolian Beef
10. Coconut Shrimp
11. Seafood Rangoon
12. Veggie Eggrolls
13. Spring Rolls
14. **2 Soups of the Day**

## Pizza or Pasta Wednesday

1. Fried Chicken & Tenders.
2. Fried Fish.
3. Grilled Vegetables
4. Potato Wedges
5. Spaghetti and Meatballs
6. Lasagna
7. Chicken Cacciatore
8. Italia Sausage & Peppers
9. Polenta
10. Rosemary Roasted Potatoes
11. Roasted Root Veg (Beets, Carrots, and Sweet Potatos)
12. **2 Soups of the Day**

## Hearty Homecooking Thursday

1. Fried Chicken & Tenders
2. Fried Fish
3. Grilled Vegetables
4. Potato Wedges
5. Meatloaf
6. Smothered Pork Chop
7. Chicken & Rice
8. Beef Stroganoff
9. Garlic Mashed Potato
10. Buttered Corn
11. Bacon Roasted Brussels

12. 2 Soups of the Day

3. 16" Cheese \$10.99 (\$1 each per topping)

Seafood Friday (\$9.99 per lb except the chicken)

1. Fried Chicken & Tenders.
2. Fried Fish
3. Grilled Vegetables
4. Potato Wedges
5. Shrimp Scampi
6. Crawfish Etouffee / White Rice
7. Tilapia Sauce Piquant
8. Stuffed Catfish Turban
9. Shrimp and Grits
10. Green Beans
11. Mac and Cheese
12. 2 Soups of the Day

SUNDAY

1. Fried Chicken & Tenders.
2. Fried Fish
3. Roast Beef w/ Gravy
4. Mashed Potatoes
5. Smothered Green Beans
6. Buttered Corn
7. Smothered Cabbage
8. Black Eyed Peas
9. Corn Bread
10. 2 Soups of the Day

PIZZA (every day)

1. Single slice \$2.99
2. 2 slices for \$5.00

SATURDAY

1. Fried Chicken & Tenders.
2. Fried Fish
3. Potato Wedges
4. Arroz Con Pollo
5. Jambalaya
6. Shepards Pie
7. Goulash (pork)
8. Garlic Mashed Potatoes
9. Green Beans
10. Peas and Carrots
11. Turnip Greens
12. 2 Soups of the Day

SALAD BAR (every day)

\$7.99 per lb